

Employee Assistance Program



Confidential And No Cost

We know that confidentiality and costs are important to you.

That's why we offer CONFIDENTIAL assistance to employees and their families. And, your personal information is not disclosed to anyone unless you provide written consent or as required by law.

In addition, Perspectives EAP services are provided at NO COST to you. Your employer provides Perspectives EAP as a benefit because they value you. If we refer you to an outside resource for additional support, we'll advise you about potential costs and whether they may be covered by your insurance.

Additional Services Just For You!

Your employer has selected enhanced services for you and your family as a part of your Perspectives EAP benefit.

LEGAL AND FINANCIAL SERVICES

At some point in life, we all find ourselves in need of legal or financial advice. Whether we're planning for retirement or college, or facing a divorce or potential legal battle, it's often hard to know where to start.

Perspectives Legal / Financial Services provide you with phone access to specialists who can help you understand your options and point you in the right direction for the help you need. If you do require an attorney, you will be given a referral to our network that includes a FREE 30 minute consultation and 25% reduction in attorney fees.

WORKLIFE SERVICES

In addition to WorkLife Online, you have access to the relocation center and FREE phone consultations with specialists who assist families with child and eldercare issues, as well as convenience services. Our national network of pre-screened child and eldercare providers offer a time-saving service for you and the people you care about.

Just call 800.456.6327 or log into perspectivesltd.com with your username and password to learn more or get started.

PLEASE TAKE A MINUTE TO LOG INTO YOUR ACCOUNT
TO SEE THE BENEFITS OF PERSPECTIVES EAP.

Username

MEGA

Password

perspectives



PERSPECTIVES WORK-LIFE PROGRAM

A Selection of "Wrap-around" Work-Life Services Serving EAPs Nationwide.

800.456.6327

perspectivesltd.com

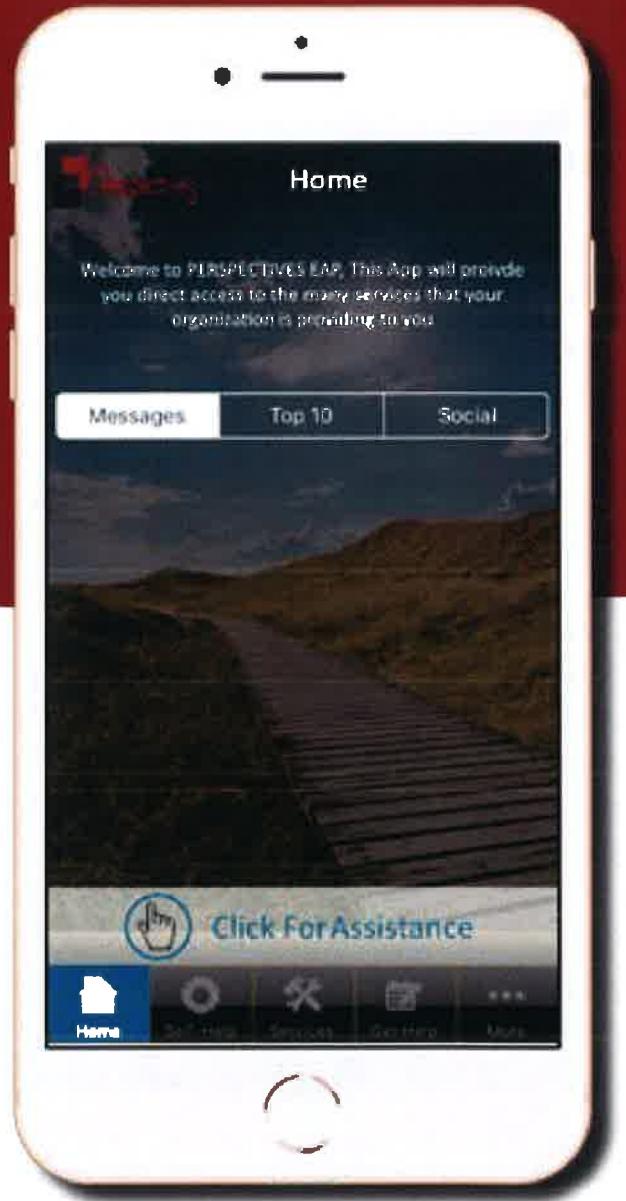
Username: MEGA

Password: perspectives

CHILD CARE	ELDER CARE	CONVENIENCE SERVICES	LEGAL
<p>Childcare Consultation & Referrals:</p> <ul style="list-style-type: none">• Before/After School Care• Childcare Centers• Family Day Care• Nannies & In-home Care• Summer Camps <p>Information & Support:</p> <ul style="list-style-type: none">• Adolescence & Child Development• Adoption• New Parents• Pregnancy• Special Needs	<p>Consultation & Referrals:</p> <ul style="list-style-type: none">• Assisted Living Facilities• Caregiver Support• Community Services• Home Health Care• Hospice Providers• Nursing Homes• Respite Care Providers• Transportation Services	<p>Information & Referrals:</p> <ul style="list-style-type: none">• Community Education Classes• Fitness Programs & Trainers• Home Cleaning• Home Repair Services• Moving Services• Organizer Services• Pet Care• Relocation Information• Yoga Classes	<p>Consultation & Referrals:</p> <ul style="list-style-type: none">• Bankruptcy• Child Custody & Support• Consumer Issues• Elder Law• Estate Planning• Immigration• Landlord Tenant Disputes• Real Estate Concerns• Restraining Orders• Separation & Divorce• Wills & Trusts
NUTRITION	HEALTH	WORK	FINANCIAL
<p>Resources & Referrals:</p> <ul style="list-style-type: none">• Child Friendly Meals• Diabetes• Food Allergies• Gastrointestinal Problems• Healthy Eating• High Blood Pressure• High Cholesterol• Lactation• Weight Management	<p>Resources & Referrals:</p> <ul style="list-style-type: none">• Complementary Medical Providers• Health Coaches• Health Spas• Meditation Programs• Mindfulness Programs• Sleep Programs• Smoking Cessation Programs• Support Groups for Chronic Illness• Twelve Step Programs	<p>Resources & Referrals:</p> <ul style="list-style-type: none">• Career Exploration• Interest Testing• Job Performance Concerns• Job Search Strategies• Resume Review• Volunteer Work	<p>Consultation & Referrals:</p> <ul style="list-style-type: none">• Budgeting• Credit Problems• Debt Management• Financial Wellbeing• Financial Aid• Homebuying Information• Insurance Planning• Retirement Planning• Tax Resources



YOUR EAP IN YOUR POCKET



A personalized experience available to you and your family.



Immediate, easy access to help and resources 24/7



Video conference counseling available by request

Sign into the app using your unique username and password:

USERNAME: MEGA

PASSWORD: perspectives

