

We are happy to announce a special offer for
all **Town of Holden employees!**

*We love our town and YOU are what makes it work so well...
let us help you work well by staying healthy!*

Bring in this flyer to receive your special pricing....
All Holden employees will have their \$49 initiation fees waived
and any new member that signs up with us by **June 10** will
also receive 1 **FREE** personal training 60 minute session-
That's a combined \$119 value as our gift to you.

Our trainers have specialties in exercise therapy and corrective exercise
which means they are perfect for you, whether are working around injuries
or if you are an athlete.

- * 24 hour access
- * state of the art cardio and
strength training equipment
- * full mens & womens locker room
facilities with showers
- * 30 group exercise and spin
classes each week included
- * personal training
- * nutrition counseling
- * extended staff hours
- * featuring the popular eXcel
small group training program
available as a membership add-on
- * AM and PM child care while you work out



1097 Main St. Holden, MA 01520 508-829-4348
www.excelfitnessholden.com or find us on Facebook
staffed M-F 9-1, M-Th 5-8, Sat 9-12